

Transition to adulthood

How we can help you



Accept difference.
Not indifference.

Transition into adulthood can be a challenging time for people with autism. This flyer outlines the ways that The National Autistic Society can help you or your child to make the transition to adulthood.

1) The transition support service **A service for pupils in secondary school**

Our transition support service is a free service for parents and carers to help students in Year 9 and above to make the transition from school to adult life or further education.



We provide confidential information and advice by phone or email. For more information, see our flyer about the transition support service.

Please get in contact with the service today by calling **0808 800 0027** (please leave a message) or emailing **transitionsupport@nas.org.uk**.

2) The transition development team **A team to help you find the right services**

Working alongside our transition support service, the transition development team is able to work with individuals, families, and organisations to offer information and advice about the different types of National Autistic Society adult and community service options for people leaving school and college. When appropriate, we also signpost on to other services.

For more information about our service, or to request to talk with a member of our team, please email **transitiondevelopment@nas.org.uk**.

3) Online information about transition

Visit our transitions page at **www.autism.org.uk/transition** to find out more information about legislation that may affect the rights and entitlements of someone with a diagnosis. We also offer a toolkit to help support you.

How we helped Yash

Yash attended Radlett Lodge School, and as he approached adulthood his mum started to look into what support options were available for Yash as a young adult. Lisa, a transition development worker at The National Autistic Society, helped her through the process to make an informed decision. After looking at all the options, she wanted Yash to move into one of our supported living services so Yash could be in a home of his own.

“Initially, I didn’t know what to expect. I was scared for Yash. But Lisa was wonderful. She explained everything really well. She gave me a lot of support in dealing with the local authority.

“It took some time to go through the process with the local authority transition team and in the end it worked out well. Yash now lives in his own home with support staff and I go to see him every day — I’m always welcomed with a smile and I remain totally involved in his life (handling his bills, for example). When I visit Yash, I see him happy and smiling. He never would have adjusted in any other place and that was my worry.”





We are the leading UK charity for people with autism (including Asperger syndrome) and their families. With the help of our members, supporters and volunteers we provide information, support and pioneering services, and campaign for a better world for people with autism.

Around 700,000 people in the UK have autism. Together with their families they make up around 2.8 million people whose lives are touched by autism every single day. From good times to challenging times, The National Autistic Society is there at every stage, to help transform the lives of everyone living with autism.

We are proud of the difference we make.

The National Autistic Society
393 City Road
London EC1V 1NG

Tel: 0808 800 0027

Email: transitiondevelopment@nas.org.uk

Web: www.autism.org.uk/transitiondevelopment